

A Study on the Aesthetic Characteristics of Chinese Classical Dance under the Perspective of Art Philosophy

Xingrong Zhou

Shanxi Technology and Business University, Taiyuan, Shanxi Province, China,
030000

399989318@qq.com

Abstract: Analyzing the aesthetic characteristics of Chinese classical dance is an important foundation for exploring its cultural value and realizing its better development, therefore, we propose the research on the aesthetic characteristics of Chinese classical dance under the perspective of art philosophy. We analyze the spirituality, vitality and dialectic of aesthetic thought in the field of art philosophy, and define classical Chinese dance from the perspectives of history, culture, art and society, and analyze its aesthetic characteristics and philosophical aesthetic embodiment in terms of the unity of form and spirit, the law of harmony and harmony and the pursuit of pluralism and integration of aesthetics.

Keywords: Philosophy of Art Perspective; Classical Chinese Dance; Aesthetic Characteristics; Aesthetic Thought; Multi-dimensional Definition; Philosophical Aesthetics.

1. INTRODUCTION

The study of the aesthetic characteristics of classical Chinese dance has far-reaching significance both from the perspective of promotion and development. First of all, from the point of view of promoting Chinese classical dance, studying its aesthetic characteristics helps to better inherit and display the cultural essence of the Chinese nation (Chun-feng, 2023; Yanbin & Lujuan, 2022). Classical Chinese dance is an important part of Chinese traditional culture, which contains rich historical connotation and deep cultural heritage. By studying the aesthetic characteristics of classical Chinese dance, we can gain a deeper understanding of its unique artistic expressions and connotations, so as to better inherit and promote the cultural traditions of the Chinese nation. At the same time, by showing the unique charm of classical Chinese dance, it can attract more people's attention and love (Yu, 2023), thus promoting the dissemination and development of Chinese traditional culture. Secondly, from the perspective of developing classical Chinese dance, studying its aesthetic characteristics can help promote the innovation and development of dance art. In the long-term historical evolution of Chinese classical dance, it has absorbed and integrated various artistic elements, and formed a unique aesthetic style (Guodong & Tianjiao, 2022). Specifically, the aesthetic characteristics of Chinese classical dance are reflected in many aspects. For example, it pays

attention to the use of body rhyme, through the flexibility and coordination of the body to show the beauty of the dance; At the same time, classical dance also emphasizes the creation of the mood, through the dance movement and music, to create a unique artistic atmosphere (Jisha Raj et al., 2023); In addition, classical dance also pays attention to the expression of emotion, through the delicate portrayal of the dance movement and expression, conveying a profound emotional connotation. These aesthetic characteristics not only show the unique charm of classical Chinese dance, but also provide valuable resources for the innovation and development of dance art (Eliot, 2022). To summarize, the study of the aesthetic characteristics of classical Chinese dance is of great significance both from the perspective of promotion and development. It not only helps to inherit and carry forward the cultural tradition of the Chinese nation, but also promotes the innovation and development of the dance art, and brings more colorful artistic enjoyment to the audience (Han et al., 2024). On the basis of the above, this paper proposes the study of the aesthetic characteristics of Chinese classical dance from the perspective of art philosophy.

2. AESTHETIC THOUGHT IN THE PERSPECTIVE OF THE PHILOSOPHY OF ART

2.1 Spirituality of Aesthetic Thought in the Philosophy of Art

From the perspective of spirituality, the core of aesthetic thought lies in the excavation and understanding of the spiritual connotation of beauty. As a product of human spiritual activities, the aesthetic value of art is often reflected in its profound reflection and expression of the spiritual world. Whether it is the rhyme and rhythm in classical dance or the color and line in painting, they are all the projection of the artist's spiritual world, a spiritual pursuit and expression of beauty. Therefore, the spirituality of aesthetic thought is reflected in the revelation and realization of the inner spiritual connotation of art works, which leads people into a deeper spiritual world through artistic forms and techniques (Mallick et al., 2022).

2.2 Philosophy of Art Aesthetic Thought Vitality

From the perspective of vitality, aesthetic thought is concerned with the vitality and vigor contained in works of art. Art is the expression of life, an aestheticized interpretation of the phenomenon of life. In classical dance, every movement and every gesture seems to tell the rhythm of life, making people feel the vigor and vitality of life in the process of appreciation. Similarly, in other forms of art, whether it is the melody of music, the color

of painting or the narrative of literature (Monroy et al., 2022), they are full of love and praise for life. Therefore, the vitality of aesthetic thought is reflected in the excavation and presentation of the vitality of art works, through the forms and techniques of art, letting people feel the beauty and power of life (Boson et al., 2023).

2.3 The Dialectical Nature of Aesthetic Thought in the Philosophy of Art

From a dialectical point of view, the idea of aesthetics is a methodology for the dialectical analysis and understanding of the phenomenon of art. As a complex social phenomenon, art contains both beautiful and ugly elements, positive values and negative effects (Eliot, 2022). Therefore, in aesthetics, we need to use a dialectical approach to analyze and evaluate the art phenomenon comprehensively. For example, in classical dance, we should not only see its elegant and graceful side, but also see its possible rigidity and conservatism; while appreciating the works of art, we should also think and explore the social, historical and cultural factors behind them. Through dialectical analysis and understanding, we can more comprehensively recognize the essence and value of art phenomena, and provide strong theoretical support for the development and innovation of art (Lim, 2022).

3. CLASSICAL CHINESE DANCE DEFINED

Classical Chinese dance is a multi-dimensional concept, which involves history, culture, art and society. The definition of classical Chinese dance from the dimensions of history (Yan et al., 2022), culture, art and society can be subdivided into several aspects as shown in Figure 1.

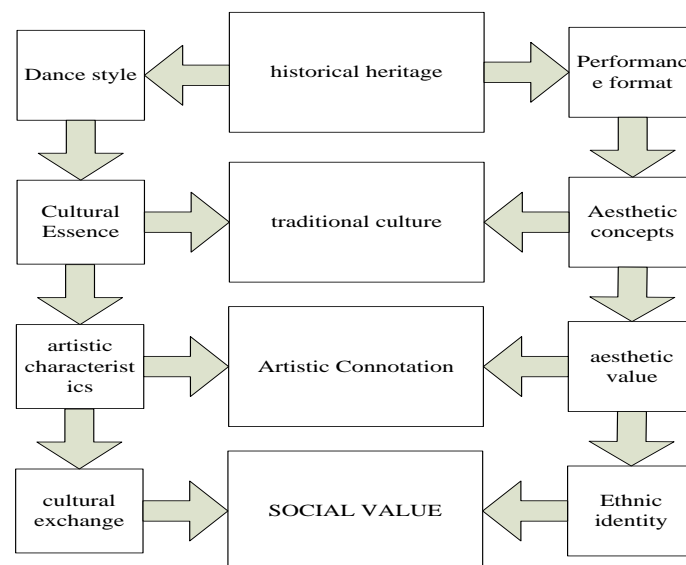


Figure 1: Composition of Multidimensional Attributes of Classical Chinese Dance

First of all, from the historical dimension, Chinese classical dance originated in ancient China and has a long history of inheritance. It is rooted in the ancient court dance and more distant folk dance, and through the refining, organizing, processing and creation of professional workers of all generations (Barona & Malafouris, 2022; Boson et al., 2023), it has gradually formed a dance form with unique style and exemplary significance. In the process of development of Chinese classical dance, it has also incorporated various artistic elements such as opera, martial arts, acrobatics and so on, forming a unique performance style. The specific performance forms are shown in Figure 2.



Figure 2: The Historical Connotation Embodied of Chinese Classical Dance

Secondly, from the cultural dimension, classical Chinese dance is an important part of Chinese traditional culture. It embodies the cultural essence and aesthetic concepts of the Chinese nation, and shows the spiritual outlook and emotional world of the Chinese nation through the form of dance. Classical Chinese dance is not only an art form (Santi, 2022), but also a cultural carrier, which inherits and carries forward the cultural tradition of the Chinese nation. Specific forms of expression are shown in Figure 3.



Figure 3: Cultural Connotation Embodiment of Chinese Classical Dance

Again, from the artistic dimension, Chinese classical dance has unique artistic characteristics and aesthetic value. It pays attention to the use of body rhyme, emphasizes the flexibility and coordination of the body, and shows various aesthetics such as elegance, elegance and robustness through dance movements (Lesong, 2022). At the same time, classical Chinese dance also pays attention to the creation of mood and emotional expression, through the dance movement and music, conveying a profound emotional connotation and artistic mood. The specific expression is shown in Figure 4.



Figure 4: Embodiment of the Artistic Connotation of Chinese Classical Dance

Finally, from the social dimension, classical Chinese dance plays an important role in contemporary society. It is not only a performing art, but also a way of cultural exchange and a symbol of national identity. Through performances, education and promotion, classical Chinese dance promotes the exchange and integration of Chinese and foreign cultures, and strengthens national self-confidence and cultural identity (Ezhilarasu et al., 2023). To summarize, classical Chinese dance is a multi-dimensional concept, which involves history, culture, art, aesthetics and other aspects. Through the multi-dimensional definition of classical Chinese dance, we can understand its connotation and value more comprehensively, and further promote its inheritance, innovation and development (Cai, 2022).

4. AESTHETIC CHARACTERISTICS OF CLASSICAL CHINESE DANCE

4.1 The Unity of Form and Spirit in Action and Meaning

In classical Chinese dance, the dynamic manifestation of the unity of form and spirit is a core and unique aesthetic characteristic. It deeply

embodies the spiritual connotation and aesthetic pursuit of classical Chinese dance, and perfectly integrates the form and connotation of dance, technique and art, body and mind. Taking Figure 5 as an example to analyze it, it can be summarized into the two aspects shown in Table 1.



Figure 5: Example of Chinese Classical Dance Demeanor

Table 1: Dynamic Manifestation of Form and Spirit of Unity in Classical Chinese Dance

| Characteristic | Meaning | Aesthetic Value | Specific Manifestations |
|-------------------------------|--|---|--|
| Unity of Action and Intention | It Refers to the Mutual Resonance and Fusion of Body Movements and Inner Thoughts in Dance Movements | Every Action and Posture is not Just a Simple Movement of The Body, But an External Expression of Inner Emotions | During Performances, Dancers Convey their Inner Emotions and Thoughts Through their Physical Movements, Allowing the Audience to Feel the Dancer's Inner World |
| The Charm of Form and Spirit | In Dance Performances, the Dancer's Body Shape and Inner Charm Complement And Showcase Each Other | Emphasis is Placed on the Flexibility and Coordination of the Body, Showcasing Various Aesthetic Qualities Such as Elegance, Elegance, and Strength Through Body Lines, Postures, and Movements | Dancers Convey their Inner Emotions and Charm Through Subtle Expressions Such as their Eyes and Facial Expressions |

Combined with the information shown in Table 1, the performance of Classical Chinese Dance has a deep emotional connotation and strong infectious force, while the dynamic manifestation of the charm of form and spirit makes it have both external beauty and internal charm, giving people a profound artistic enjoyment. The unity of meaning and the charm of form and spirit are interdependent and mutually reinforcing (Xiaoshuang, 2022). The unity of meaning provides the inner power and support for the charm of form and spirit, making the dance performance more vivid and real; while the charm of form and spirit is further strengthened through the body movements and the display of charm, making the dance performance more deeply rooted in people's hearts. Analyzed from a philosophical point of view, the unity of meaning and the charm of form and spirit in classical Chinese dance embodies the essence of traditional Chinese culture. It emphasizes the ideology of unity of body and mind, internal and external cultivation, and the pursuit of harmony and unity between man and nature. In the dance performance, the dancers express their love and reverence for nature and life through the movement of their bodies and their inner thoughts and emotions, showing the spirit and cultural heritage of the Chinese nation (Xuan, 2022).

4.2 The Law of Motion of Neutrality and Circularity

In classical Chinese dance, the law of neutralization and harmony is a unique way of dynamic manifestation, in which neutralization is the core of the law of movement of classical Chinese dance, and harmony is the essence of the law of movement of classical Chinese dance. It deeply embodies the artistic characteristics and aesthetic pursuit of classical Chinese dance. This law of movement not only runs through the whole dance, but is also reflected in every detail of the dance. Taking Figure 6 as an example, it can be summarized into two aspects as shown in Table 2.



Figure 6: Examples of Dance Movements in Classical Chinese Dance

Table 2: Dynamic Manifestation of the Law of Movement of Neutralization and Rounding in Chinese Classical Dance

| Characteristic | Meaning | Aesthetic Value | Specific Manifestations |
|----------------|---|--|---|
| Neutralization | Emphasis is Placed on a State of Balance and Harmony, Which is Reflected not only in the Internal and External Unity of Dance Movements, But also in the Appropriate Pace of Dance Rhythm | Through Coordinated Movements of the Body, Smooth Transitions Between Movements are Achieved, Achieving a Harmonious Effect both Internally and Externally | Pay Attention to the Combination of Speed and Slowness, with Changes as Fast as Wind and Gentle as Water, as Well as Control of Relaxation and Relaxation, Creating a Harmonious and Unified Dance Atmosphere |
| Easy-Going | The Roundness and Smoothness of Dance Movements And the Circular Variation of Dance Routes | Through the Circular Movements of the Body, the Dance Movements are Presented with a Smooth and Rounded Aesthetic | Pay Attention to Circular Changes, so that Dance Movements Present a Sense of Three Dimensionality and Hierarchy in Space. |

This law of neutralization and harmony has been fully embodied in classical Chinese dance. In the design of dance movements, Classical Chinese Dance emphasizes on the changes of body twisting and tilting, pitching and retracting, so that the movements are both independent and related to each other, forming a harmonious and unified dynamic effect. In the control of dance rhythm, Classical Chinese Dance creates a kind of ups and downs and fascinating dance atmosphere through the changes of rhythm such as fast and slow, strong and weak, high and low. In the planning of dance routes, Classical Chinese Dance focuses on the circle as the core of the movement trajectory, so that the dance movement in space presents a kind of rounded and smooth aesthetic (Li & Wang, 2021). Analyzed from a philosophical point of view, the law of neutral and harmonious movement embodies the aesthetic pursuit and cultural connotation of classical Chinese dance. It emphasizes the harmony and unity of body and mind, and pursues the perfect combination of inner rhythm and outer form of dance movements. At the same time, it also embodies the idea of harmony in traditional Chinese culture, pursuing the

harmonious coexistence of man and nature and the harmonious coexistence of man and society.

4.3 The Aesthetic Pursuit of Integration in Diversity

In classical Chinese dance, the aesthetic pursuit of integration in diversity is one of its unique artistic characteristics, which demonstrates the deep cultural connotation and aesthetic value through the dynamic manifestation of dance. This aesthetic pursuit is reflected in all aspects of the dance, including movement design, performance style, emotional expression and so on. Taking Figure 7 as an example, it can be summarized into the three aspects shown in Table 3.



Figure 7: Examples of Forms in Classical Chinese Dance

Table 3: Dynamic Manifestation of the Aesthetic Pursuit of Pluralism and Integration in Chinese Classical Dance

| Characteristic | Meaning | Aesthetic value | Specific Manifestations |
|---|--|--|---|
| The Fusion of Multiple Artistic Elements | Not only Does it Draw on the Essence of Traditional Chinese Opera, Martial Arts and other Arts, but it also Draws on some Elements of Western Dance Forms such as Ballet | Make Classical Dance Present Rich and Diverse Characteristics in Action Design and Performance Styles | Classical Dance not only Retains the Distinctive Movements such as Body Posture and Gestures In Traditional Chinese Opera, but also Incorporates Techniques such as Toe Dancing in Ballet |
| Deep Exploration of Emotional Expression | Emphasize Conveying Emotions Through Dance Movements and Performances, so that the Audience can Feel the Dancer's Inner World | By using Body Movements such as Ups and Downs, Rotations, and Jumps, as well as Subtle Facial Expressions and Eye Contact, one can Express Emotions such as Joy, Anger, Sorrow, Joy, Separation, and Reunion Vividly in their Hearts | Not only does it Enrich the Connotation of Dance, but it also makes classical Dance more Deeply Rooted in Aesthetics. |
| Creating the Artistic Conception of Dance | By Combining Dance Movements with Music, a Unique Artistic Atmosphere is Created, Allowing the Audience to Immerse Themselves in the Context Created by the Dance | Not only does it Enhance the Infectiousness of Dance, but it also Makes Classical Dance more Aesthetically Profound and Extensive | In the Dynamics of Chinese Classical Dance, the Balance of Moderation and Harmony is Characterized by a Lively Spirit, Powerful Movements, and a Graceful and Smooth Flow. |

Analyzed from a philosophical point of view, the beauty of this "strong and soft" dance embodies the middle way, forming the aesthetic qualities of the Chinese classical dance, which is the crystallization of the oriental body culture and aesthetics, or the image of the national spirit for thousands of years, and the realization of the inheritance and development

of the spirit of innovation and integration of the spirit of the show.

5. CONCLUSION

With the change of the times and the change of the audience's aesthetic demand, the classical Chinese dance also needs to be innovated and developed in order to adapt to the new requirements of the times. This paper proposes the study of the aesthetic characteristics of Chinese classical dance under the perspective of art philosophy, hoping that through the discussion of the aesthetic characteristics of Chinese classical dance in this paper, we can explore the combination point between it and modern art, and provide new ideas and directions for the innovation of dance art. At the same time, we can also draw on the advantages of other dance arts to enrich and improve the artistic expression of classical Chinese dance, so as to make it more in line with the aesthetic needs of modern audiences.

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